



**ANNA'S CHILDCARE**  
DEVELOPMENT CENTER

**Anna's Childcare**  
**COVID-19 POLICY**

## **COVID-19 (Novel coronavirus)**

According to the U.S. Centers for Disease Control, COVID-19 is a strain of coronavirus spreads easily and can be fatal, most often among the elderly and those with weakened immune systems. Our health care policy demand that that we give the health of every individual within the facility priority considerations. For this reason, we have developed a **COVID-19 Policy**. COVID-19 being a very infectious virus therefore, we have measures in place to ensure that the risks of infection and spread within our community is low. We also have resources for the families with updated information about the virus, containment measures and milestones in the vaccine development process from the CDC. We also update the families on the latest government directives on the virus control and will also continuously closely monitor the situation and take appropriate measures to keep our community safe. In addition, we appeal to the stakeholders of our community such as teachers and parents to ensure that they follow the recommended public health guidelines such as social distancing, wearing of masks, avoiding touching of face and proper sanitization of hands and surfaces at home to reduce the risk of getting infected and unknowingly exposing your family and our children and staff to the same.

The measures we have put in place to keep our center COVID-19 free include:

### **1. Teaching and reinforcing healthy hygiene practices.**

We train our staff on healthy hygiene practices that they in turn teach the children. These include:

- ❖ Regular handwashing strategies with soap and water, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- ❖ Hand sanitization using alcohol-based hand sanitizer that contains at least 60% alcohol.

### **2. Intensified cleaning and disinfection efforts.**

Routinely cleaning and disinfecting surfaces and objects that are frequently touched. These include toys, doorknobs, light switches, classroom sink handles, countertops etc.

## COVID-19 Policy

The health and well-being of our families and staff are our highest priorities. In the interest of limiting the opportunity for transmission to our vulnerable community, we are taking the following precautionary measures:

Your household must remain out of the center if any member of your household<sup>^</sup> has (or has been in close contact<sup>^^</sup> with anyone who has):

- (a) A suspected or confirmed case of COVID-19 (for example – close contact at school, work, religious service, social gathering); **or**
- (b) Traveled:
  - internationally; or domestically,
  - from any area which is the subject of travel restrictions under applicable state and local guidance.

14 days after the last potential exposure, your household may return **provided these three things have happened:**

- a) At least 10 days have passed since any household member first experienced symptoms; **and**
- b) Symptoms have improved for any household member that experienced symptoms (for example, cough or shortness of breath has improved); **and**
- c) The household has been fever-free for at least 72 hours without the use of fever-reducing medicines.

Please note, depending on the circumstances we may require you to obtain medical clearance before return to the center will be allowed.

**HOUSEHOLD MEMBERS:** include individuals who may not live in the household but may be staying there or are otherwise present in the household on a regular basis (e.g. nannies, caregivers, home health workers, contractors, etc.) and includes anyone with pick up or drop off privileges at the center.

**CLOSE CONTACT:** is defined by the CDC as (1) being within approximately 6 feet (2 meters) of a COVID-19 case for a prolonged period of time and can occur while caring for, living with, visiting, or sharing a health care waiting area or room with a COVID-19 case, or (2) having direct contact with infectious secretions of a COVID-19 case (e.g., being coughed on). Considerations when assessing close contact include the duration of exposure and the clinical symptoms of the person with COVID-19.

**FOR MEDICAL PROFESSIONALS:** If contact occurs while wearing recommended personal protective equipment or PPE (e.g., gowns, gloves, NIOSH-certified

disposable N95 respirator, eye protection), that contact will NOT be considered close contact for purposes of this policy.

### **Health Check and Illness Policy - COVID 19**

Applies to staff, children and their household members, which states in part:

**ALL STAFF, FAMILIES, CHILDREN AND THEIR HOUSEHOLD MEMBERS MUST CONDUCT A DAILY HEALTH CHECK BEFORE COMING TO THE CENTER.**

- ✓ Should you or any household member have any of the following symptoms, we ask you to remain out that day and notify the center.
- ✓ Fever of 100.4 F or higher, now or in the preceding 72 hours (or would have, but have used fever reducing medicine)
- ✓ Cough
- ✓ Sore Throat
- ✓ Muscle Aches
- ✓ Difficulty Breathing
- ✓ New Loss of Taste or Smell
- ✓ Consistent with our COVID-19 Policy, the household will be required to remain out of the center for 14 days unless medical clearance is provided by a physician indicating that the presenting symptoms are associated with a known non-COVID-19 illness. The physician's note **must not be from a family member.**

Exclusion from the center is sometimes necessary to reduce the transmission of illness. For your child's comfort, and to reduce the risk of contagion, we ask that children be picked up within 1.0 hour of notification. Until then, your child will be kept comfortable and will continue to be observed for symptoms.

### **Summary of Enhanced Protocols-Centers**

We are continually updating our processes and protocols in accordance with the most recent Centers for Disease Control and Prevention (CDC) guidance and the guidance of our medical expert. We are encouraging our centers to maintain small group sizes and practice social distancing to the best of our ability, given the

ever-changing circumstances and variation in guidance across states and localities.

### **Illness Policy- COVID 19**

Suspension of a care session is sometimes necessary to reduce the risk of COVID-19 transmission. To reduce the risk of contagion, if your child, caregiver or anyone else present in the household becomes ill during a care session, you must relieve the caregiver and make alternate arrangements for supervision of your child(ren) within 1.0 hour of notification.

### **COVID-19 Resources for Families**

#### **1. How to Protect Yourself/Your Household**

Please see the CDC guidelines for current guidance on best practices for protecting yourself and your household during this pandemic: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

#### **2. Cloth Face Covering:**

We recommend that all caregivers and families be familiar with the CDC's recommendations around cloth face coverings available [<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>]. The CDC generally recommends individuals wearing cloth face coverings to protect people around the wearer of the cloth face mask, in the event the wearer is infected but not symptomatic, to reduce the spread of COVID-19. **Note:** This guidance does not apply to children 2 or under, or to those who are advised not to wear a face covering for other health reasons. Cloth face coverings are NOT a substitute for social distancing, hand washing or other everyday preventative actions.

### **Health and Hygiene Practices**

Our regular health and hygiene practices provide some of the best defenses against the spread of most contagious illnesses. In addition to regular and thorough cleaning of classrooms, surfaces and toys, we teach children good hand-washing practices and ensure that children and staff take important precautions against the spread of germs.

You can work with your children to practice some of these same steps at home:

- Wash hands often with soap and water.
- Sneeze or cough into your elbow; or cover mouth and nose with a tissue before sneezing or coughing, then immediately discard the tissue.
- Avoid touching eyes, nose, and mouth with unwashed hands.
- Avoid kissing, hugging, and sharing cups or eating utensils with people who are ill.
- Disinfect frequently touched surfaces, especially if someone is sick.

**For the latest information from the CDC, please visit:**

[www.cdc.gov/coronavirus/2019-ncov/index.html](http://www.cdc.gov/coronavirus/2019-ncov/index.html)

CDC fact sheets:

- English - [click here](#)

We encourage guardians or family members over the age of 65 to stay at home.